



# EMPLOYMENT OPPORTUNITY

## **Group Exercise Instructor 18+**

**Location:** West Chicago Park District

**Start Date:** Open until filled

**Salary:** \$25.00/class

**Contact:** Kolbe Kasper, [kkasper@we-goparks.org](mailto:kkasper@we-goparks.org)

### **General Description:**

Group Exercise Instructors must be 18 years or older, and possess knowledge of all areas of aerobic fitness. Must be able to Instruct Weekly Morning Bootcamp (3x week) and Saturday Morning Spin class. Responsible for creating and implementing the proper format for classes being taught. Must be creative, making classes fun and leave a lasting impression on our clients. Must teach classes to the abilities of the patrons. Must provide leadership and guidance to participants regarding proper form and skills. Expected to keep current with industry trends and continually seek to better themselves and their teaching abilities. Responsible for the appearance and upkeep of the Group Exercise Room/Mac Gym/Fitness Center where appropriate.

Group Exercise Instructors, as with all park district employees, must believe in the West Chicago Park District mission and philosophy and work as a team member of the West Chicago Park District Fitness Staff.

### **Benefits:**

- Complimentary ARC Center fitness membership.
- Complimentary Turtle Splash Water Park splash pass (for active employees from June-August).

### **Requirements:**

1. 18 years or older.
2. Must be able to Instruct Weekly Morning Bootcamp (3x week) and Saturday Morning Spin.
3. Must possess knowledge of all areas of aerobic fitness.
4. Must be certified as a Group Exercise Instructor through a nationally accredited association, relevant to the class format they teach (i.e. AFAA, ACE, YogaFit).
5. CPR/AED/First Aid certification.
6. Must be able to work on their own without direction.
7. Must be able to handle complaints and concerns from participants and supervisor and professionally respond. They must dress properly and carry themselves in a professional manner.
8. Group Exercise Instructors, as with all park district employees, must believe in the West Chicago Park District mission and philosophy and work as a team member of the West Chicago Park District, ARC Center and Fitness Staff.