

February 6, 2018 ARC Center 6:00 p.m.

MINUTES

- I. Call to Order Present were Commissioners Buenrostro, Gunderson, Lenertz, Pavlica, Spencer, Voelz and Zaputil
- II. Pledge of Allegiance President Lenertz
- III. Public Participation None
- IV. Recreation Department Superintendent of Recreation, Brian Kaspar and select recreation staff covered the following topics (appendix A)
 - A. Recreation Coordinator, Mary Lester
 - Active Adults (Pickle Ball, Silver Sneakers, Senior Games)
 - Gymnastics
 - Dog Parks
 - B. Athletic Manager, Joe Urban
 - Youth Sports
 - Martial Arts
 - ARC Gym Rentals
 - Field Rentals

V. Miscellaneous

- President Lenertz reminded the Board to look through the upcoming events provided to them and to please assist staff whenever possible.
- Director Major pointed out to the Board that he believes the Recreation staff has done a great job with athletic programming and identifying the needs of the community.
- Director Major reminded the Board that when questions arise regarding the surface choice for Zone250 that the District spent a great deal of time consulting with various organizations in the community in respect to their needs and how the facility could be used. Additionally the facility is a grant facility based on sports performance. The current surface allots for multi-sports as opposed to focusing on only a couple.
- The annual Black & Red Bash to support WDSRA will take place on March 3, 2018. Commissioners interested in attending should inform Gary by February 20, 2018.
- VI. Adjournment The meeting adjourned at 6:43 p.m.



Recreation Coordinator & Athletic Manager

Active Aging Senior Games
Pickleball SilverSneakers
Art Classes Gymnastics
Dog Park

Martial Arts Rec Athletics
Co-Op Contractual In-House
Field Usage Gym Rentals

Active Aging

Park and recreation agencies need to keep seniors active and social as they age in order for them to be healthy, happy and feel valued.



The Six County Senior Games in Illinois has been holding its event for 36 years and has seen it grow to include more than 500 participants.

West Chicago had 26 participants in 2017

- 6 Track & Field
- 1 day event held at Main East High School outdoor track
 - 20 Pickleball
- 4 day event was held at Hoffman Estates
 Park District's 6 outdoor pickleball courts
 at Fabbrini Park



Track & Field



Pickleball

Pickelball

WCPD Pickleball began in May 2015 with 8 players who attended a

Senior Health & Fitness Day event.

Added a drop-in program Monday evenings from 6:00-9:00 p.m.

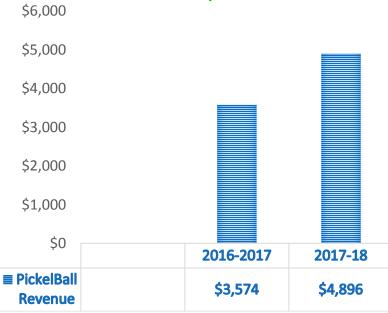
Currently156 players playing 5 days per week:

- Sundays 9:30 a.m.-12:30 p.m.
 - ✓ Open Play with Challenge Court
- Mondays 6:00-9:30 p.m.
 - ✓ Intermediate/Advanced Play (3.5-5.0)
- Wednesdays 8:00-11:00 a.m.
 - ✓ Open Play
- Thursdays 6:00-9:30 p.m.
 - ✓ Novice-Low-Intermediate (0-3.0)
- Fridays 8:00-11:00 p.m.
 - ✓ Open Play
- Fridays 7:00-9:30 p.m.
 - ✓ Open Play









2016

Tournament
Su., Oct., 9,
2016
39 part.
Revenue

2017

Tournament
Su., Oct., 8,
2017
64 part.
Revenue

2018

2 Tournaments
April-Round
Robin
Oct-Scramble

"TIVITY HEALTH" SilverSneakers Year 1





144 SilverSneakers® Members

December 2016 – November 2017

- 144 Passes
 - 97 New Passes
 - 28 Switched from Senior Pass
 - 15 Switched from Track Pass
 - 4 Switched from Adult Pass

Visits

4543

Revenue

• \$7,094. 00

- Train customer service representatives to offer 30 minute free orientations when registering for a pass.
- Adding 1 SilverSneakers® Social per month with a health, wellness or fitness related training.

Ave Participants/ Month

Art Classes

Brush with Art Grant

- Brush with Art classes are made possible through a generous grant from the JCS
 Fund of The DuPage Community Foundation to the Community School of the Arts.
 - The grant covers the cost of an instructor and all supplies.
 - Classes offered through the grant:
 - ✓ Watercolor Painting
 - ✓ Scandinavian Wood Ornaments
 - ✓ Mixed Media Decorative Panels

- ✓ Acrylic Painting
- ✓ Colored Pencils
- ✓ Oil Pastels
- ✓ Scratch Board
- ✓ Italic Calligraphy



Additional art programming we have added:

- Watercolor Painting class
- Pottery class
- 50+ Art Exhibit & Reception



Move-Nastics

Focus on gross motor movement using music, climbing & fun.

- Parent Tot 2-3 year olds
- Preschool 4-5 year olds

Gymnastics

Focus on strength, flexibility, and basic gymnastics skills.

Beginner 6 year and older

Dog Park

Improvements at the dog park include:

- Removal of safety hazards at "Wiggly Field"
 - ✓ Brush, old fencing, and agility equipment.
 - ✓ Gates repaired
- Installation of 1 new dog agility piece.
- Installation of a kiosk for information to patrons.
- Addition of a small dog park, "South Paw".
- Installation of new signs for both parks with the rules clearly posted.
- Drinking bowls chained to area.



Martial Arts

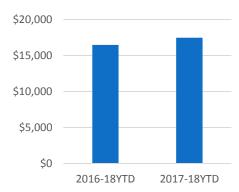
Martial Arts Classes

- Dragon Tots 3-6 years
- Judo (Sport): Simple and Basic 5years+
- Karate 6-60 years
 - ✓ Beginner
 - ✓ Intermediate
 - ✓ Advanced
- Tai-Chi 16 years+

Women's Self-Defense

- Developed a new program
- Taught by Sensi Gill.

Martial Arts Revenue





Athletics

Recreational Co-Op Tot/Youth

In 2016-17 Rec sports in West Chicago began trending toward travel teams. This trend is continuing in 2017-18 fiscal year.

Spring/Summer

Baseball-8 Teams

- 14 games
 - Winfield
 - St Charles
 - Geneva
 - Batavia
 - North Aurora
 - Kaneland

Softball-3 Teams

- 14 Games
 - Bartlett
 - Geneva
 - Batavia

Fall

Baseball-2 Teams

- 10 games
 - St Charles
 - Geneva

Softball-2 Teams

- 10 Games
 - St. Charles
 - Geneva





10 Games

- Geneva
- Sugar Grove
- Kaneland
- Big Rock



Rec Co-op \$135 VS Travel \$1,000

Athletics Contractual Tot/ Youth

- Jellybean
 - Tot Instructional T-Ball
 - Little Hot Shots-Basketball
 - Little Kickers-Soccer





- Began in 2014 with All-Star Sports, but cost was too high.
- In 2016-17 went to another organization, Jellybean, that has a lower cost per person.

In-House Tot/ Youth

Now offering our own in-house programs on Saturday mornings from 8:30 a.m.-12:30 p.m.

- Sports Galore
 - Soccer-Basketball-T-ball & More
 - \checkmark 3-5 years
 - ✓ 6-8 years

- Super Kickers
 - Soccer Program

✓ 3-5 years

✓ 6-8 years

Field Usage

2017-18 has been a relationship building year. Groups have come together to work with WCPD staff in meeting community field usage needs.

Softball/Baseball

- Seminole Sports
- JP Sportz
- Tim James

Rec Soccer

- WC United
- Monarcas
- Kopian
- Axel
- Community Outreach Soccer (COS)

Brought groups together to create great working relationships and an understanding of the needs of each organization involved.

- Offering 2 fields per age group.
- Having fields ready earlier in the season to accommodate their start date.

Cross Country

Catholic Grade School

Wheaton Academy

West Chicago High School

Conference

Regionals

Relationship built with District 94 and Wheaton Academy to be the host site for Conference and Regionals.

WCPD Cross Country Course is the #2 course in the State.

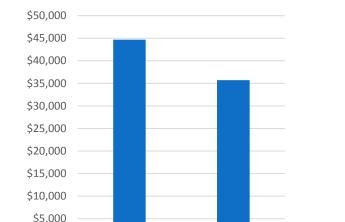
Gym Rentals

Have worked to have a balance between gym rentals and member time in the gym while

meeting our fiscal goals.

ARC Gym Renters:

- Truth Basketball
- Ice Volleyball
- St. Francis Feeder Bball
- BAPS Temple Volleyball
- Ramon Men's Basketball
- Wheaton Academy Warriors
- Rey Gregorio
- Soccer
 - Monarcas
 - WC United Academy
 - Community Outreach Soccer (COS)
 - Kopian



Gym Rental Revenue

*2017-18 does not include a two-day gymnastics meet rental of \$15,000.

NEW ARC Gym Rentals:

- Aspire Gymnastics
 - Multi-day Gymnastics Meet
- Pickleball Round Robin:
 - Multi-day Men's, Women's & Mixed Doubles and Singles play.
- Chicago Youth Basketball Network (CYBN)
 - Saturday & Sunday 1/2 day 2 court gym rentals

What are we working on....

Joe

- Continually monitor member gym time needs.
- Continue to build relationships with outside organizations to meet the field usage needs of the WC community.
- Continue to grow partnerships with community groups and programs.
 - ✓ Ie-High School PE-Women's Self Defense Class

Mary

- Adding SilverSneakers group fitness classes.
 - ✓ Classic
 - ✓ Stability
- Partner with an area private gymnastics club to share instructors and feed more advanced students to their facility.
- Group programs together to create days that older adults can come and stay half a day or all day.
 - √ SilverSneakers social each month to coincide with our Social Gatherings
 - ✓ Socials & Bingo Game Day

